

ATTENTION

STAFF-STUDENTS-FAMILIES

All of us at East West Karate, just like you, are keeping a close watch on our current health (coronavirus) situation.

In an effort to do our part and help keep us all healthy, we are taking the following measures at the dojo:

- 1. IF YOU ARE SICK WITH FLU-LIKE SYMPTOMS, PLEASE STAY HOME AND GET BETTER SOON!**
- 2. PLEASE WASH YOUR HANDS BEFORE AND AFTER TRAINING.**
- 3. FOR THE TIME BEING WE WILL BE ELIMINATING HANDSHAKES, FIST BUMPS, HIGH-FIVES, ETC. PLEASE CONTINUE TO BOW.**
- 4. WE ARE DOUBLING ARE CLEANING SCHEDULE AND BEING SURE TO DISINFECT ALL SURFACES.**
- 5. WE HAVE DISINFECTANT WIPES AND SPRAY AVAILABLE ON BOTH DOJO FLOORS TO CLEAN ALL EQUIPMENT BEFORE AND/OR AFTER EVERY USE.**
- 6. WE ARE LIMITING ALL CONTACT DRILLS.**
- 7. THERE ARE HAND SANITIZER DISPENSERS LOCATED AT BOTH DOJO FLOORS.**

THANK YOU!